

DOCTOR APPOINTMENT WORKSHEET



To help you prepare for your next doctor appointment, here is a worksheet to help you come up with questions to ask your doctor to ensure you have a productive visit.

PATIENT NAME: _____

DOCTOR'S NAME: _____

DATE: _____

LOCATION: _____

PREVIOUS APPOINTMENT: _____

NEXT APPOINTMENT: _____

MEDICATION CHANGES:

Suggested Topics:

- Diet
- Exercise
- Treatment Plan
- Stress
- Mental Health

QUESTION #1

QUESTION #2:

QUESTION #3

QUESTION #4

DOCTOR'S ANSWERS:
